

Welcome & Arrival Guide

IAU 31st World
Championships

2022

August 27th

BERLIN
BERNAU

100



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1 TRANSPORTATION (WELCOME & ARRIVAL)

a. GENERAL RECOMMENDATION

Berlin is a city of public transport. Driving a car and parking it is significantly more expensive and travel times take substantially longer.

Parking cost H2/H4 Hotel: 20 EUR for 24 h

Public transportation

- Single Ticket Zone A/B (Berlin): 03,00 EUR
- Single Ticket Zone A/B/C (Airport BER - Berlin): 03,80 EUR
- 4-trip Ticket Zone A/B (Berlin): 09,40 EUR
- 24-hour Ticket Zone A/B (Berlin): 08,00 EUR
- 24-hour Small Group Ticket Zone A/B (Berlin): 25,50 EUR
- 7-Day Ticket Zone A/B/C (Berlin+Bernau): 43,00 EUR

(Status April 2022)

With public transport in Berlin you are very flexible and fast at your destination.

Examples Duration:

- Travel time by car outside rush hour from airport to hotel: 45 min
- Travel time by car during rush hour from airport to hotel (Alexanderplatz station): 1h 30min
- Travel time by S-Bahn from the airport to the hotel (Alexanderplatz station): 43 min
- Travel time by Regional Train from the airport to the hotel (Alexanderplatz station): 25 min

Transportation to Bernau for participants of the IAU Championship will be provided by shuttle buses.

A rental car is not necessary.

b. LOCATION IAU 31ST WORLD CHAMPIONSHIP

We welcome you to the metropolitan region of Berlin-Brandenburg. Berlin, with 3.7 million inhabitants, is the capital of the Federal Republic of Germany.

Your accommodation and registration are in the heart of the city near Alexanderplatz. Unmistakably, the 368m high Berlin TV Tower stands in the middle of Alexanderplatz.

Race Course (Competition Venue)

The race course (competition venue) is on the north-eastern periphery of the city, in Bernau bei Berlin.

- Distance "hotel - running course": ca. 27 km
- Transportation will be provided by shuttle buses from the Destinated Competition Hotels "Hotel H2/H4" to the competition venue/race course free of charge for IAU accredited people on competition day.

The city of "Bernau bei Berlin", with its 40,000 inhabitants, is home to the Bauhaus monument Bundesschule, the second largest Bauhaus building next to the Bauhaus itself.

Opening Cermemony

On Friday the Opening Cermemony will be held downtown Bernau (Stadthalle am Steintor).

- Transportation will be provided by shuttle buses from the Destinated Competition Hotels "Hotel H2/H4" to downtown Bernau free of charge for IAU accredited people on competition day.

Airport

The BER - Berlin Brandenburg Airport is located in the southeast of the city

- Distance "Berlin downtown hotels – airport": approx. 28 km
- Travel time S-Bahn (suburban railway): 43 min - with Regional Trains 25 min (no change of trains necessary)

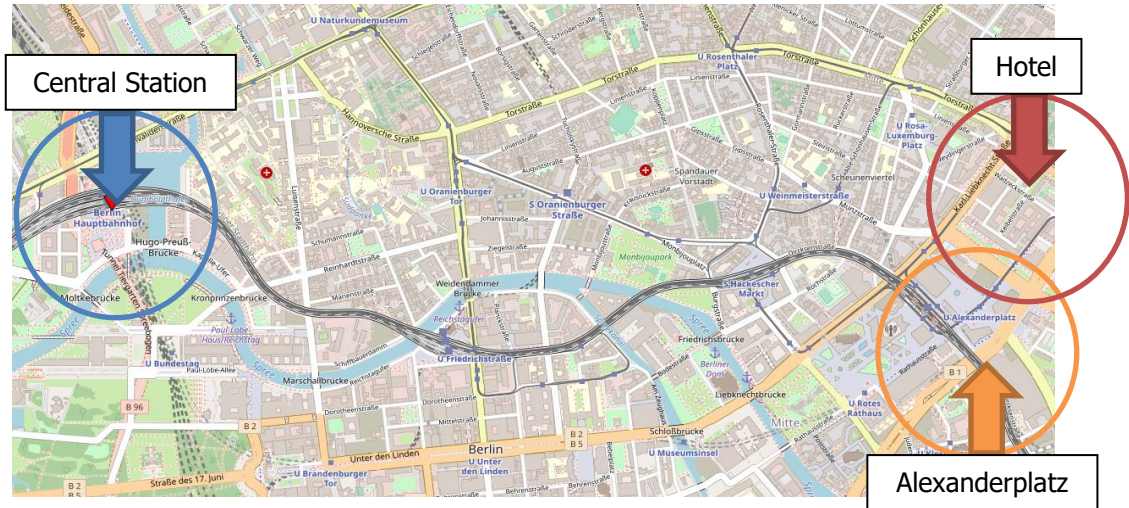
Central Station (Hauptbahnhof)

The Central Station of Berlin is located 3,5km west of the hotel.

- Travel time S-Bahn: 6 min (no change of trains necessary)

Accommodation / Hotel

- Distance "Alexanderplatz suburban railway station – hotel": 500m walk



C. HOTELS & DESTINATION

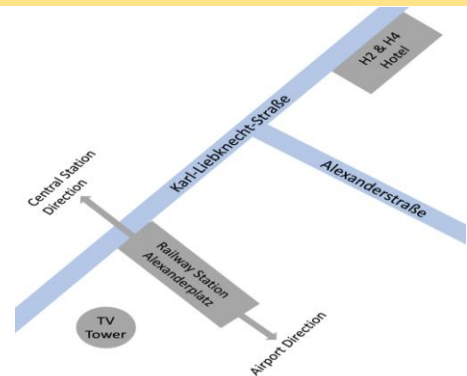
Destinated Competition Hotels of the IAU 31st World Championships will be the

H2 & H4 Hotel Berlin Alexanderplatz.

Athletes that are competing in the WMA 100k World Championships can also book rooms at the destinated competition hotel H2 & H4 Hotel Berlin Alexanderplatz by quoting "WMA 100k WC" as well as supporting people.

Address:

- Karl-Liebknecht-Straße 32; 10178 Berlin

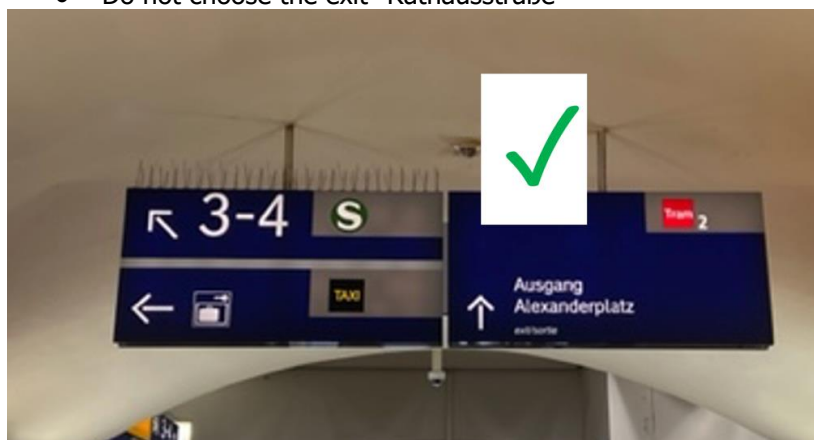


From Alexanderplatz Station to the Hotel

Way out of station "Alexanderplatz" follow the sign Tram 2 and Ausgang Alexanderplatz



- Do not choose the exit "Fernsehturm (TV Tower)" or "Rotes Rathaus".
- Do not choose the exit "Rathausstraße"



- Choose the exit "Alexanderplatz" -  TRAM 2

Way from Alexanderplatz to the hotel



After leaving the station at "Ausgang Alexanderplatz", you can see the high-rise building of the "park inn" hotel. Our hotels H2 & H4 is located behind the "park inn".



Behind the "park inn" hotel you cross "Alexanderstraße" and see the "ADAC building". Directly behind the "ADAC building" is the H2&H4 Hotel.

d. AIRPORT

The airport BER Berlin Brandenburg is located in the southeast of the city. We recommend traveling by S-Bahn within 43 min to Alexanderplatz.



Terminal Information:

- Terminal 5 is temporarily closed due to the ongoing coronavirus pandemic and the resulting low passenger numbers. All air traffic at BER is handled via Terminal 1 & 2.
- Just under a year and a half after the opening of Airport BER, Terminal 2 for low-cost airlines has been open since 24.03.2022
- Terminal 2 is within walking distance of Terminal 1. If you are arriving by public transport, you will find the station "Flughafen BER - Terminal 1-2" directly under Terminal 1.

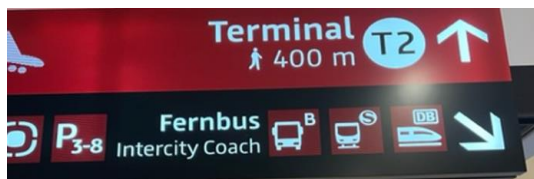
Public Transport

Line S9 operates from platform 5 every 20min from 4:09 to 21:29 (Direction Berlin-Spandau)

After leaving the airplane you follow the signs



After leaving the security area, the airport's public transport station is labeled with the following signs:



- The icon with the symbol **S** indicates the route to the S-Bahn (suburban railway) => (platform / Gleis 5 and 6).
- The icon with the symbol **DB** indicates the route to the regional & long-distance trains => (platform / Gleis 1 bis 4)

Alternatively, regional trains of line R7 (direction Dessau) can be used from platform 1 or 2 for the same price / with the identical ticket. Travel time: 25min

The regional trains operate only one time per hour from 5:42 to 21:42 and at 22:46.

For late travelers, the regional train FEX18980 is still available at 0:13 from platform 1.

Before going to the platforms it is necessary to buy a ticket.

Ticket machine:

You can pay with coins, banknotes or credit cards.

You can choose the language at the ticket machine.

- You need a Single Ticket / Standard Rate (Einzelticket / Regeltarif)
- Zone Berlin A / B / C
- Price: 3,80 EUR (Status April 2022)

